Level 2 Certificate in Understanding Children and Young People’s Mental Health
The purpose of this qualification is to increase learner’s knowledge and awareness of children and young people’s mental health.

By completing the qualification, learners will develop knowledge of:
- children and young people’s mental health in context
- mental health problems commonly associated with children and young people
- the impact of mental ill-health on children and young people
- support available to maintain mental wellbeing in children and young people.

Entry requirements
There are no specific recommended prior learning requirements for this qualification. However, learners may find it helpful if they've already achieved a Level 1 qualification.

Experience in the workplace
This is a knowledge-only qualification; therefore, work experience is not mandatory.

Qualification structure
Learners must achieve all 5 mandatory units.
**Mandatory units**

<table>
<thead>
<tr>
<th>Unit ref.</th>
<th>Unit no.</th>
<th>Unit title</th>
<th>Unit type</th>
<th>Level</th>
<th>GL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unit 01</td>
<td>H/616/8100</td>
<td>Understand children and young people’s mental health in context</td>
<td>Knowledge</td>
<td>2</td>
<td>26</td>
</tr>
<tr>
<td>Unit 02</td>
<td>K/616/8101</td>
<td>Understand factors which may affect children and young people’s mental health</td>
<td>Knowledge</td>
<td>2</td>
<td>29</td>
</tr>
<tr>
<td>Unit 03</td>
<td>M/616/8102</td>
<td>Understand children and young people’s mental health concerns</td>
<td>Knowledge</td>
<td>2</td>
<td>36</td>
</tr>
<tr>
<td>Unit 04</td>
<td>T/616/8103</td>
<td>Understand the impact of children and young people’s mental health concerns</td>
<td>Knowledge</td>
<td>2</td>
<td>20</td>
</tr>
<tr>
<td>Unit 05</td>
<td>A/616/8104</td>
<td>Understand how to support children and young people with mental health concerns</td>
<td>Knowledge</td>
<td>2</td>
<td>24</td>
</tr>
</tbody>
</table>

**Total guided learning hours:** 135 hours  
**Total qualification time:** 156 hours

**Assessment**

All units will be individually internally assessed using a range of methods.

**Progression**

Learners who achieve this qualification could progress to:

- Level 3 Certificate in Understanding Mental Health
- Level 3 Award in the Awareness of the Mental Capacity Act 2005
- Level 3 Diploma for the Children and Young People’s Workforce (England)
- Level 3 Award/Certificate/Diploma in Supporting Teaching and Learning

**For more information**

Full details of this qualification can be found on our website www.cache.org.uk

We continually invest in high quality qualifications for the health, care, early years and education sectors. Written and developed by experts, they have helped millions of learners across the world to raise professional standards, earning us a reputation for excellence and leadership across the sector. Our continued dedication to those who care for children, young people and adults means that our qualifications will continue to meet the needs of the modern workforce.