ENABLING PEOPLE TO REACH THEIR FULL POTENTIAL
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www.vitaskills.co.uk
At Vita Skills we specialise in innovative training within the Beauty sectors. Bespoke delivery models enable students to learn around their personal life with both full and part-time flexible classes at local centres and distant learning courses available.

Whether this be part time, full time or distance learning, our programmes are designed to complement skills students may already hold, by upskilling to a level 4, or students that are new to a sector can train to a Level 3 Diploma status to start a new career in their chosen area. Either way - Vita have a pathway for you!

Our learner journey is the most important aspect to us and we pride ourselves in exceptional delivery. With delivery locations across England, online support and financial help* we are to here to help. We work with national employers, theatres and agencies to assist with gaining employment upon completion and pathways to develop your skills further.

*For those that qualify under the ESFA guidelines.
<table>
<thead>
<tr>
<th>Part Time Courses</th>
<th>Accreditation</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 3 Diploma in Nail Technology Studies</td>
<td>VTCT. International awarding body</td>
<td>20 weeks, 1 day a week OR 10 weeks, 2 days a week</td>
</tr>
<tr>
<td>Level 3 Diploma in Make Up Artistry</td>
<td>VTCT. International awarding body</td>
<td>24 weeks, 1 day a week OR 12 weeks, 2 days a week</td>
</tr>
<tr>
<td>Level 2 Certificate in Beauty Services</td>
<td>VTCT. International awarding body</td>
<td>8-10 weeks, 1 day a week</td>
</tr>
<tr>
<td>Level 3 Diploma in Beauty Therapy</td>
<td>VTCT. International awarding body</td>
<td>20 weeks, 1 day a week OR 10 weeks, 2 days a week</td>
</tr>
<tr>
<td>Level 4 Certificate in Micropigmentation</td>
<td>VTCT. International awarding body</td>
<td>6-8 weeks, 1 day a week OR 10 weeks 1 evening a week</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Short Courses</th>
<th>Accreditation</th>
<th>Duration</th>
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</thead>
<tbody>
<tr>
<td>Eyelash Extension</td>
<td>ABT</td>
<td>1 Day</td>
</tr>
<tr>
<td>Lash Lift &amp; Tint</td>
<td>ABT</td>
<td>1 Day</td>
</tr>
<tr>
<td>Contoured Brows</td>
<td>ABT</td>
<td>1 Day</td>
</tr>
<tr>
<td>Spray Tanning</td>
<td>ABT</td>
<td>1/2 Day</td>
</tr>
<tr>
<td>Waxing</td>
<td>ABT</td>
<td>1 Day</td>
</tr>
<tr>
<td>Manicure &amp; Pedicure</td>
<td>ABT</td>
<td>1 Day</td>
</tr>
<tr>
<td>Gel Polish</td>
<td>ABT</td>
<td>1/2 Day</td>
</tr>
<tr>
<td>Facial Contouring</td>
<td>ABT</td>
<td>1/2 Day</td>
</tr>
<tr>
<td>Smokey Eyes</td>
<td>ABT</td>
<td>1/2 Day</td>
</tr>
<tr>
<td>Advanced Waxing</td>
<td>ABT</td>
<td>1 Day</td>
</tr>
<tr>
<td>Manicure &amp; Gel Polish</td>
<td>ABT</td>
<td>1 Day</td>
</tr>
<tr>
<td>Advanced Nail Art</td>
<td>ABT</td>
<td>1 Day</td>
</tr>
<tr>
<td>Microdermabrasion</td>
<td>ABT</td>
<td>1 Day</td>
</tr>
<tr>
<td>Micro Blading</td>
<td>ABT &amp; home study</td>
<td>2 Days</td>
</tr>
<tr>
<td>Fascia Release Massage</td>
<td>ABT</td>
<td>1 Day</td>
</tr>
<tr>
<td>Hair Extensions</td>
<td>ABT</td>
<td>1 Day</td>
</tr>
<tr>
<td>Russian Eyelashes</td>
<td>ABT</td>
<td>1 Day</td>
</tr>
<tr>
<td>Facelift Facial</td>
<td>ABT</td>
<td>1 Day</td>
</tr>
<tr>
<td>Electrical Facial</td>
<td>ABT</td>
<td>2 Days</td>
</tr>
<tr>
<td>Eyebrow Extensions</td>
<td>ABT</td>
<td>1 Day</td>
</tr>
<tr>
<td>Advanced SFX</td>
<td>ABT</td>
<td>1 Day</td>
</tr>
<tr>
<td>Prosthetics</td>
<td>ABT</td>
<td>1 Day</td>
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</table>
LEVEL 3 DIPLOMA IN NAIL TECHNOLOGY STUDIES

Course Outline

The VTCT Level 3 Diploma in Nail Technology Studies (QCF) is a technical level qualification that provides learners with the knowledge, understanding and skills to work as a nail technician. This qualification is based on Habia National Occupational Standards (NOS). This qualification is recognised by the UK’s largest beauty therapy/nail services trade body/professional association, The Federation of Holistic Therapists (FHT) and also the UK’s second largest association representing beauty therapy/nail services employers; the British Association of Beauty Therapy and Cosmetology (BABTAC) as being fit for purpose for preparing learners for a career as a nail technician.

The content of this qualification is comprised of all the required elements to work effectively as a nail technician including health and safety, client care and communication, applying and maintaining nail enhancements using either ultra-violet gel or liquid and powder, nail art using both manual and airbrush techniques, electric filing techniques, how to promote products and services and business and teamwork skills. All units in this qualification are mandatory.
<table>
<thead>
<tr>
<th>Unit Code</th>
<th>Unit Reference</th>
<th>Unit Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>UV30405</td>
<td>A/601/4444</td>
<td>Apply and maintain nail enhancements</td>
</tr>
<tr>
<td>UV30407</td>
<td>L/601/3931</td>
<td>Airbrush designs for nails</td>
</tr>
<tr>
<td>UV30408</td>
<td>L/601/3993</td>
<td>Working with colleagues within beauty related industries</td>
</tr>
<tr>
<td>UV30429</td>
<td>T/601/5334</td>
<td>Enhance nails using electric files</td>
</tr>
<tr>
<td>UV30435</td>
<td>J/601/5337</td>
<td>Promote and sell products and services to clients</td>
</tr>
<tr>
<td>UV30449</td>
<td>A/601/5500</td>
<td>Contribute to the effective running of business</td>
</tr>
<tr>
<td>UV30468</td>
<td>T/601/4457</td>
<td>Client care and communication in beauty-related industries</td>
</tr>
<tr>
<td>UV30476</td>
<td>K/601/4794</td>
<td>Design and apply nail art</td>
</tr>
<tr>
<td>UV30491</td>
<td>R/600/8780</td>
<td>Monitor and maintain health and safety practice in the salon</td>
</tr>
</tbody>
</table>

Career Opportunities

- Beauty Salons
- Nail Salons
- Nail Service Concession in Department Stores
- Hair & Beauty Salons
- Day Spas
- Independent/Self-Employed/Mobile/Home-Based
- Product Manufacturing and Training
- Destination/Hotel Spas
- HM Prison Service
- Cruise Liners

“I’ve never touched a single nail before this course and can’t believe how far I’ve come. Learning nail art and 3D nail art was alien to me, now I love it. Can’t wait for my career in self employment to take off”

Student
LEVEL 3 DIPLOMA IN MAKEUP ARTISTRY

Course Outline

The primary outcome of the VTCT Level 3 Diploma in Make-up Artistry (QCF) is to prepare you to enter the specific sector of beauty therapy as a make-up artist. All the units in this qualification relate directly to the specific job role of a make-up artist.

The VTCT Level 3 Diploma in Make-up Artistry (QCF) is a substantial vocational qualification that will prepare you for a career as a make-up artist. This qualification is designed for learners aged 19 years or over and will support you to gain employment as a make-up artist, as the units contained in this qualification cover all the skills and knowledge required for this role. This is a vocational qualification and includes all the required elements to work effectively as a make-up artist including mandatory units covering the following: applying make-up, instruction on make-up, fashion and photographic make-up, media make-up, camouflage make-up, airbrush make-up and promoting products and services.

Throughout this qualification you will develop your knowledge and understanding of relevant anatomy and physiology, health and safety, client care and cosmetic products and equipment. You will also develop a range of technical skills enabling you to prepare the skin and apply a variety of make-up products using different techniques. You will also develop interpersonal skills, which will assist you to communicate effectively with clients.

Become a Make-up Artist in just 24 Weeks
**Career Opportunities**

This qualification will prepare you for employment as a make-up artist. You will also be eligible to join a professional association and gain insurance as a make-up artist. Career opportunities as a make-up artist exist in a variety of contexts, including:

- Working in commercial beauty salons
- Working in a retail concession in a department store
- Working independently/self-employed/mobile/home-based settings

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<table>
<thead>
<tr>
<th>Unit Code</th>
<th>Unit Reference</th>
<th>Unit Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>UV20437</td>
<td>J/601/4222</td>
<td>Apply make-up</td>
</tr>
<tr>
<td>UV20438</td>
<td>L/601/4223</td>
<td>Instruction on make-up application</td>
</tr>
<tr>
<td>UV20492</td>
<td>T/600/8769</td>
<td>Promote products and services to clients in a salon</td>
</tr>
<tr>
<td>UV30409</td>
<td>D/601/4355</td>
<td>Camouflage make-up</td>
</tr>
<tr>
<td>UV30431</td>
<td>T/601/3566</td>
<td>Media make-up</td>
</tr>
<tr>
<td>UV30440</td>
<td>J/601/5466</td>
<td>Design and apply face and body art</td>
</tr>
<tr>
<td>UV30441</td>
<td>M/601/5509</td>
<td>Fashion and photographic make-up</td>
</tr>
<tr>
<td>UV30468</td>
<td>T/601/4457</td>
<td>Client care and communication in beauty-related industries</td>
</tr>
<tr>
<td>UV30491</td>
<td>R/600/8780</td>
<td>Monitor and maintain health and safety practice in the salon</td>
</tr>
<tr>
<td>UV30406</td>
<td>R/601/3932</td>
<td>Design &amp; apply MENDI skin decoration</td>
</tr>
</tbody>
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“Vita saved me and showed me who I really am. I took to the make up so easily and love the SFX! I have learnt so much. I now do make up in a salon part time and am so in love with it”

*Student*
LEVEL 2 CERTIFICATE IN BEAUTY SERVICES

Course Outline

The VTCT Level 2 Certificate in Beauty Services (QCF) is vocational qualification for learners seeking a career as an employed and/or self-employed beautician/beauty specialist. This qualification is based on the beauty therapy National Occupational Standards preparing learners for a career within the beauty industry.

This qualification has been specifically designed to help develop the knowledge & skills to prepare you for employment as a beautician/beauty specialist. You will have your Beauty Therapy skills assessed in a realistic working environment.

This qualification includes all the required elements to work effectively as a beautician/beauty specialist including: facial skin care, application of make-up, providing manicure, pedicure and nail art services.

You will develop a sound knowledge of health and safety practice in a salon environment, and client care and communication. You will also develop a knowledge and understanding of the practical skills learned throughout this qualification to develop your designated career pathway as a beautician/beauty specialist.

All our tutors are fully qualified teachers with years of industry experience and all courses are certificated by VTCT (International awarding body in Beauty).
Unit Title

Provide Facial skincare
Apply Make-up
Client care & communication in Beauty related industries
Provide manicure treatments
Provide pedicure treatments
Provide nail art services
Follow health & safety practice in the salon

Career Opportunities

The qualification could be pursued in a variety of contexts as a beautician/beauty specialist, including:

Working in commercial beauty salons
Working in a retail concession in a department store
Working independently/self-employed/mobile/home-based settings
LEVEL 3 DIPLOMA IN BEAUTY THERAPY MASSAGE

Course Outline

The VTCT Level 3 Diploma in Massage Therapy (QCF) is a substantial vocational qualification that will prepare you for a career as a beauty massage therapist. This qualification is designed for learners aged 16 years or over and will support you to gain employment as a beauty massage therapist, as the units contained in this qualification cover all the skills and knowledge required for this role. Entry onto this qualification can be via previous attainment of a Level 2 qualification in beauty therapy and/or a successful skills test and interview.

This is a vocational qualification and includes all the required elements to work effectively as a beauty massage therapist including mandatory units covering the following: body massage, pre-blended aromatherapy, client care, stone therapy, health and safety, Indian head massage.

Throughout this qualification you will develop your knowledge and understanding of relevant anatomy and physiology, health and safety, client care and massage medium products. You will develop a range of technical skills enabling you to provide a variety of relaxing massage treatments using different techniques. You will also develop interpersonal skills that will assist you to communicate effectively with clients.
### Unit Title

- Monitor and maintain health and safety practice in the salon
- Client care and communication in beauty related industries
- Maintaining personal health and wellbeing
- Provide body massage
- Explore the origins of massage and principles of complementary and alternative medicine
- Apply stone therapy massage
- Provide Indian head massage
- Provide massage using pre-blended aromatherapy oils

### Career Opportunities

The qualification could be pursued in a variety of contexts as a beautician/beauty specialist, including:

- Working in commercial beauty salons
- Working in a retail concession in a department store
- Working independently/self-employed/mobile/home-based settings
Course Outline

The Level 4 Certificate in Micropigmentation is an advanced qualification that has been specifically designed for beauty therapists. This VTCT qualification is based on beauty therapy National Occupational Standards (NOS). This qualification is approved and supported by the Hairdressing and Beauty Industry Authority (HABIA), who set the standards for hair, beauty, nails and spa qualifications.

The Level 4 Certificate in Micropigmentation (QCF) is about using micropigmentation, a form of cosmetic tattooing to create make-up effects to enhance facial features. This qualification requires learners to develop skills to carry out micropigmentation treatments. This qualification allows learners to gather evidence in a realistic working environment or real working environment without the need for fee paying clients.

This qualification will require research; it includes the skills involved in providing a thorough consultation with the client to formulate a specific course of treatment, tailored to suit individual client needs, use micropigmentation techniques and manage the health, safety and security of the salon.
Micropigmentation

Permanent makeup is a cosmetic technique which employs tattoos (permanent pigmentation of the dermis) as a means of producing designs that resemble makeup, such as eye lining and other permanent enhancing colours to the skin of the face, lips, and eyelids. It is also used to produce artificial eyebrows, particularly in people who have lost them as a consequence of old age, disease, such as alopecia totalis, chemotherapy, or a genetic disturbance, and to disguise scars and white spots in the skin such as in vitiligo. It is also used to restore or enhance the breast’s areola, such as after breast surgery.

Most commonly called micropigmentation permanent, other names include, permanent cosmetics and cosmetic tattooing, the latter being most appropriate since permanent makeup is, in fact, tattooing.

Immediate results

Permanent makeup results in enhanced features of the face—definition is rendered to eyebrows, eyes and lips using colours. Results can imitate topically applied cosmetics or can be quite unnoticeable, depending upon the design, colour value and amount of pigment used.

At first, permanent makeup results may look darker. This is due to colour remaining in the outermost epidermal layers of skin at the start. Colour softens within a few days during the healing process as the upper layers of epidermis slough and are replaced by new epidermal cells.
SHORT COURSES

Vita offers a range of short courses that can be from half a day to 2 days long dependant on the course, and are taught on a variety of days, times and venues to help people find the right option for them.

All of Vita’s short courses are ABT accredited and you will be certified following successful completion of your chosen course.

All products you will need to complete your training is provided by Vita.

Various payment options are available.
<table>
<thead>
<tr>
<th>Course</th>
<th>Duration</th>
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</thead>
</table>
| Eyelash Extensions  | 1 Day    | Semi-Permanent eyelash extensions are applied to individual natural lashes to extend and thicken their appearance. Both natural and glamorous effects can be created with the range of lashes in varying lengths and thickness's. This course is suitable for complete beginners. | **The course will cover:**  
- Salon hygiene, sanitation/health & safety  
- Client consultation, contra-indications & client care  
- Semi Permanent-Eyelash treatment procedure  
- Express lash procedure  
- Maintenance & safe removal  
- Troubleshooting, Promotion & Marketing. |
| Lash Lift & Tint    | 1 Day    | Master these stunning techniques that offer a daily alternative to wearing mascara & using eyelash curlers. This course includes lash lift & essential lash & brow tints. Initial investment is low & profit return high. | **The course will cover:**  
- Salon hygiene, sanitation/health & safety  
- Client consultation, contra-indications & client care  
- Lash lifting procedure  
- Lash and brow tinting procedure  
- Troubleshooting, Promotion & Marketing. |
| Spray Tanning       | 1/2 Day  | Combining ultra-moisturising extract with naturally derived tanning agents, LA Tan creates a flawless, luxurious and long lasting tan whilst nourishing the skin.                                                                 | **Students must prepare for the course by:**  
- Exfoliating the night before the course  
- Wear loose dark clothing  
- Wear no make-up  
- Use no deodorant  
- Use no moisturiser  
- We recommend that jewellery is left at home.  
**The course will cover:**  
- Salon hygiene, sanitation/health & safety  
- Client consultation, contra-indications & client care  
- Spray Tan and equipment preparation  
- Spray Tan Procedure  
- Product knowledge  
- Aftercare Advice |
| Waxing              | 1 Day    | This course offers all the basic skills in waxing. You will cover full leg, basic bikini line, underarm, lip and chin and eyebrow waxing. Using a combination of hot and warm wax. | **The course will cover:**  
- Salon hygiene  
- Anatomy & Physiology  
- Health & Safety (consultation, contra-indications, health & hygiene)  
- Prescription Waxing  
- Choosing the correct type of wax for your client  
- Warm Waxing & Hot Waxing Practical  
- Aftercare advice and how to start up your waxing business. |
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<tr>
<td>Manicure &amp; Pedicure</td>
<td>1 Day</td>
<td>This course is excellent for beginners who are wishing to learn new techniques in the procedures of manicure and pedicure.</td>
<td>The course will cover: - Anatomy, nail disorders &amp; diseases - Health &amp; hygiene - Work Station set up - Hands on filing, shaping - Manicure procedure - Hand Massage technique - Hands on pedicure (if appropriate equipment &amp; time is available) - Foot massage technique - Nail varnishing - Product knowledge - Client care &amp; consultation, home care &amp; retailing.</td>
</tr>
<tr>
<td>Manicure &amp; Gel Polish</td>
<td>1 Day</td>
<td>An excellent one day course to teach you the techniques on how to complete a full manicure with gel application.</td>
<td>The course will cover: - Anatomy, nail disorders &amp; diseases - Salon hygiene - Health &amp; Hygiene - Work station set up - Filing &amp; shaping - Manicure procedure - Massage technique - Gel polish application - Removal - Product Knowledge - Client care &amp; communication - Maintenance &amp; aftercare.</td>
</tr>
<tr>
<td>Advanced Nail Art</td>
<td>1 Day</td>
<td>Create amazing nail art designs/techniques with our Advanced nail art course.</td>
<td>The course will cover: - Learn how to create the new up to date trends.</td>
</tr>
<tr>
<td>Microdermabrasion</td>
<td>1 Day</td>
<td>A non-surgical method of skin rejuvenation by means of mechanical skin exfoliation, which offers a virtually painless alternative to chemical and laser peels. Learners will need a level 2 Beauty qualification to attend this course.</td>
<td>The course will cover: - Health, safety &amp; hygiene - Consultation techniques - Contraindications - Theory related to microdermabrasion treatments for clients - Techniques to perform microdermabrasion - Tactile test procedure - Micro-lance procedure - Performing diamond-tip microdermabrasion treatments - Understanding equipment used in microdermabrasion - Aftercare advice.</td>
</tr>
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| Microblading        | 2 Days   | Microblading, which is also known as eyebrow embroidery, micro stroking, feather touch and hair like strokes is a form of permanent make up. Pigment is implanted under the epidermis using a specially designed hand-tool which holds sterile, disposable micro blades. Case studies will need to be completed before certification. | The course will cover:  
- Health & safety  
- Government guidelines  
- Anatomy & physiology  
- Consent & paperwork  
- Aftercare  
- Standard professional procedures  
- Colours how to mix and correct  
- Anaesthetics  
- Designing eyebrow shapes. |
| Fascia Release Massage | 1 Day    | A course for the serious massage therapist that is looking for techniques to help release pain and tension with their clients. Myo' means muscle and ‘fascia' means band. A type of soft tissue massage incorporating stretching and elongating of the connective tissues such as fascia. It is a powerful method of releasing tension from problem areas such as the neck, the diaphragm, lower back and pelvis. Myofascial Release is a safe, effective and hands-on technique. | The course will cover:  
- Gross and Focused Release of Muscles  
- Skin Rolling  
- Sacral Release  
- Cranial Base Release  
- Posture Analysis  
- An introduction to Unwinding. |
| Smokey Eyes         | 1/2 Day  | Create that amazing Smokey eye look with our masterclass. Learn how to produce the perfect glamorous party look with our expert tutors and gain in depth tips and new techniques. | The course will cover:  
- Salon Hygiene, sanitation/health & safety  
- Client consultation, contra-indications & client care  
- Client expectations  
- Master the techniques that will create the perfect Smokey eye look. |
| Gel Polish          | 1/2 Day  | This course will teach you how to apply coloured and French gel polish to the finger nails and toes, creating and beautiful high gloss shine finish. | The course will cover:  
- Salon Hygiene, sanitation/health & safety  
- Client consultation, contra- indications & client care  
- Preparation of client  
- French Polish/Coloured polish application  
- After care and maintenance. |
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| Facial Contouring   | 1/2 Day  | Students can learn the techniques of facial contouring and highlighting, so you can produce that flawless look for any special occasion. Learn how to mix colours and conceal all those imperfections. | **The course will cover:**  
- Salon Hygiene, sanitation/health & safety  
- Client consultation, contra-indications & client care  
- Client expectations  
- Techniques to enhance facial features  
- The art of highlighting and shading  
- Different face shapes. |
| Contoured Eyebrows  | 1 Day    | The contoured eyebrow is a concept which combines a different approach to brow shaping with treatments to contour, sculpt, define, lengthen & thicken for more natural, youthful appearance. Contoured eyebrows is simple to master & offers plenty of hands-on experience for expert technique development. | **The course will cover:**  
- Salon Hygiene, sanitation/health & safety  
- Client consultation, contra-indications & client care  
- Diagnosis - prescriptive treatment plan to correct shape, balance & colour tone  
- Face shape analysis  
- Corrective brow shaping techniques - methods to sculpt, define, lengthen & thicken brows  
- Creative - colour palette application, maintenance & home care  
- Troubleshooting, promotion & marketing. |
| Advanced Waxing     | 1 Day    | The Advanced waxing course is for skilled waxing technicians who want to master the art of more intimate waxing techniques. | **The course will cover:**  
- Salon Hygiene, sanitation/health & safety  
- Client Consultation, contra-indications & client care/correct client positioning  
- Advantages of hot waxing  
- Intimate hot waxing procedure: Brazilian, Hollywood and Californian.  
- Nasal Waxing procedure  
- Product knowledge  
- Troubleshooting, promotion & marketing  
This course offers the new fashion in waxing, which will generate returning custom. Students need to have a basic waxing qualification to attend this course. |
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| Hair Extensions        | 1 Day    | Increase your salon potential by offering hair extensions to your clients. | The course will cover:  
- Health and safety  
- Client consultation  
- Method of application  
- Extension application  
- Removal of extensions  
- Aftercare Advice. |
| Russian Eyelashes      | 1 Day    | Master the art of the new lash technique being used. Learn how to produce a beautiful natural look or a extreme dramatic look that your client will desire. | The course will cover:  
- Correct lash analysis  
- 3D/6D, Russian volume layering and bridging  
- Learning new lash techniques  
- Experts tips for efficient collection and placements of lashes  
- Maintenance & safe removal  
- Troubleshooting, Promotion & Marketing  
Students will need to have a good knowledge and technique of semi-permanent eyelashes. |
| Facelift Facial        | 1 Day    | A new innovative Facial that will teach you how to correctly lift and tone the facial muscles without the use of any machines. Cleanse, tone, exfoliating and moisturising techniques. | The course will cover:  
- Working on specific points on the face to help lift and tone muscles  
- Cleansing, toning, exfoliation and moisturising.  
- Information about anti-ageing, eczema, acne scars.  
- Brightening and softening the skin.  
- Client Consultation  
- Level 2 facial skin care qualification. |
| Electrical Facial      | 2 Days   | An Electrical facial treatment can postpone early signs of ageing, improve the appearance of the skin and erase minor sun damage, scarring and pigmentation. Learning galvanic facials including disincrustation and iontophoresis. Also how to use high frequency. | The course will cover:  
- Health, safety & hygiene  
- Consultation techniques  
- Contraindications  
- Theory related to electrical facial treatments  
- Performing high frequency treatments  
- Galvanic treatments (disincrustation/iontophoresis)  
- Vacuum suction treatments  
- Devising a treatment plan for a variety of skin types  
- Aftercare advice  
- Learner’s will need a level 2 facial skin care qualification. |
<table>
<thead>
<tr>
<th>Course</th>
<th>Duration</th>
<th>Course Description</th>
<th>Course Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eyebrow Extensions</td>
<td>1 Day</td>
<td>The latest revolutionary eyebrow enhancement to hit the beauty industry. Using synthetic individual hairs, you can create beautiful bespoke eyebrows which are extremely natural and can last for up to 2 weeks.</td>
<td>The course will cover: - Health and Safety - Relevant Anatomy - Tools and equipment - Contraindications - Client consultation - Eyebrow framing - Treatment procedures - Eyebrow Extension application - Aftercare Advice.</td>
</tr>
<tr>
<td>Advanced Special FX</td>
<td>1 Day</td>
<td>Create amazing SFX creations using a variety of skills and techniques. Create your very own fantasy look and much more. This course is perfect for beginners, or people that want to update their skills.</td>
<td>The course will cover: - Create cuts - Create bruises - Create scars - Incorporate techniques - Create a fantasy look.</td>
</tr>
<tr>
<td>Prosthetic</td>
<td>1 Day</td>
<td>Develop the skills to apply prosthetics to create different characters, styles and looks. This course is suitable for beginners and people who would like to enhance their skills after completing our 1 day SFX course.</td>
<td>The course will cover: - Apply prosthetic noses - Apply prosthetic chins - Use a variety of products to apply and blend prosthetics.</td>
</tr>
</tbody>
</table>
Wipe Your Tears created this simple mission statement
“If you wipe your tears, we will help you smile.”

We want to help children who are in hospital and make lives easier for their parents with a simple Christmas present for the children in the wards, a vital piece of medical equipment or assistance to parents who are staying in the hospital to be near their children.

Wipe Your Tears supports Seriously and Terminally ill children and their families. We provide various areas of support for these amazing children and their families. This could be granting a last wish, offering financial assistance, funding a piece of medical equipment for home use or respite care. This is all made possible through Project Charlie.

Wipe your Tears also supports children who are victims of Domestic Violence. These children arrive at a refuge with mum or dad who have been abused and as a child in this unforeseen circumstance they often arrive with little or no personal belongings of their own. If you could imagine for a moment how a child may feel in this situation, leaving everything they have been familiar, comfortable and safe with behind, we are confident that like us many people would endeavour to help make a very sad time a little bit happier, helping each child to gain some confidence and knowledge that life will get better. We offer support all year round with ‘Project Cuddle Bags’ helping to give these children some comfort at this difficult time.

These bags include the following:

A pair of pyjamas, A set of clothes, Toiletries, A blanket (age dependant), A teddy (age dependant), A unique gift.

Each bag will be of personal interest to the child with the unique gift provided as we endeavour to help each child smile once again.